

# SERENE

## DESIGNED

as support to adrenal function, assisting in dealing with stress.

This comprehensive formula contains not only the needed adrenal substance, but the supportive nutrients, co-factors, and herbs to really make a sustained change in the function and health of the total endocrine system.

**DOSAGE** Two capsules two times per day.

**RELATED PRODUCTS** ELEVATE, RELAX

## SUPPLEMENT FACTS

Serving size : 2 capsules (805 mg. capsule)

	Amount per serving	%DV
Pantothenic Acid.....	500 mg.	5000%
Adrenal substance.....	300 mg.	†
Vitamin C .....	200 mg.	332%
Vitamin B6.....	50 mg.	2500%

† No RDA established

Proprietary blend: Barberry root, Blessed thistle, Pituitary substance, Pyridoxine HCL

Contains EZA (Amylase, Protease, Lipase, and Cellulase) ADpT: Elethero (Siberian Ginseng), Reishi (Ganoderma Mushroom), Jiaogulan, Cordyceps and Rhodiola Rosea.

Other ingredients: Gelatin capsules  
(Contains no known allergens)

## DETAILS

The proper function of the adrenals is crucial to a number of physiological functions, including regulation of blood sugar levels, stress adaption, energy generation, stamina, and the normal function of the body's natural defense system. Serene contains key ingredients to support adrenal function.

Our synergistic blend of Pantothenic acid, Vitamin C, Adrenal and Pituitary substance, Barberry root, and Blessed Thistle supports the adrenals and supports the body with exhaustion, fatigue, or stress.

The adrenals generate the energy necessary to perform strenuous or lengthy tasks, deal with emotional crisis, and fight infection. Pantothenic acid, also known as Vitamin B5, is a component of coenzyme A – an essential coenzyme in a variety of reactions that sustain life. CoA is required for chemical reactions that generate energy from food (fat, carbohydrates, and proteins) in the bio-chemical conversion known as the Krebs's cycle.

Vitamin B6 must be obtained from the diet because humans cannot synthesize it. Vitamin B6 plays a vital role in the function of approximately 100 enzymes that catalyze essential chemical reactions in the human body. These vitamins work together to sustain proper chemical reactions and support the adrenals in providing the proper energy for our lives.

Adrenals control and regulate the body's self-defense mechanisms against stress, reacting to any stimuli which upsets normal function and disturbs mental or physical health. To support reparation of damage to adrenals, Adrenal and Pituitary substances interact with Barberry root and Blessed Thistle to support and rebuild the adrenal glands in order to regain proper performance.

